



SUNDAY 28TH SEPTEMBER, UEA SPORTSPARK

Juniors, various distances

Senior event 400m swim 2800m run

Start time 0830

Held at the University of East Anglia Sportspark, the event is fully inclusive to disabled athletes and includes categories for all age groups from 8 – 108. The swim is pool based and the run is a series of laps of the athletics track.

Entry details:

First name:		Surname:	
Date of birth:		Age on 31/12/08:	
Address:		Gender:	Male / Female
		Post code:	
Contact telephone:		Contact email:	
Club name:		BTF member?	Yes / No
T-shirt size:	Small / Medium / Large	If yes, BTF number:	
Please tell us a bit about yourself:	Is this your first triathlon, duathlon or aquathlon?		
	If not, how many multi-sport events have you done previously?		
	Do you have a disability?		
	What is your ethnic background?		
Entry fee:	***8 Year olds are free***		
	Junior BTF member - £10 <input type="checkbox"/>	Adult BTF member - £15 <input type="checkbox"/>	
	Junior, non- BTF -£11 <input type="checkbox"/>	Adult non-BTF - £18 <input type="checkbox"/>	

Please make cheques payable to Tri-Anglia. Please send your cheque & completed form to: Tri-Anglia, 76 Abinger Way, Norwich NR4 6LJ. If you wish to receive race details by post please also enclose a stamped, addressed envelope, otherwise details will be sent by email. Your race number and timing chip will need to be collected at Registration on Race Day 0330 – 0745. Refunds will be made up until 31st March 2008, less a £5 administration fee, no refunds will be made after this date. This event has been sanctioned by the British Triathlon Federation, for details of their third party insurance please go to www.britishtriathlon.org. The British Triathlon Federation does not cover you for personal accident or injury, or for personal loss such as theft or damage of your equipment, and you are advised to seek advice from your own insurer prior to competing in this event.